

Take Charge of Your Diabetes

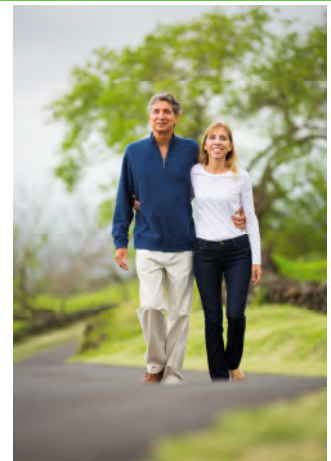
FREE 6 week workshop on
Tuesdays

July 16th - August 20

5:15pm—7:15pm at the
Anderson County Health
Department



I was tired. I hurt all the time. It felt like my diabetes was telling me what I could and couldn't do. *The Take Charge of your Diabetes* workshops put me back in control.



Pre-registration Required!

Please call 865.457.6246 or email laura.clark@utk.edu